



Four Tides Hospice Society

Hello Hospice Members, Friends, and Allies:

May and early June turned out to be fundraising activities months. Four fun events – all successful. I'll focus on two of them, organized by our lovely gardening community.

First, the **PR Garden Club** put on a third-party fundraiser at the Patricia Theatre. The activities included the premier public screening of the Four Tides Hospice Society video by Claudia Medina, a beautiful and heartwarming video of native birds and birdsong by Ken and Kathie Pritchard, and a talk on medicinal plants by Todd Caldicott. Participants were entertained before and during the event by the Brooks Junior Jazz Band and Ron Campbell. In addition to all that, many local businesses donated items for a giant raffle. **Proceeds raised at this event of \$4,723.20 are dedicated to the development of the Sanctuary Garden at Hospice House!**

On Sunday, June 9th, the **Garden Tour Committee**, not to be confused with the PR Garden Club, asked FTHS to have a table at their mid-day lunch and offered to match any donations received. Maureen Tierney, our vice-president, made beautiful, quilted potholders; when someone donated, they received a potholder. Thanks Maureen! **The event netted \$935.00.** Many thanks to the Garden Tour Committee for more than matching our donations, as they contributed \$500.

Four Tides Hospice Society has received a lot of support and a lot of press lately. So great! Follow-up media posts and articles about our May and June fundraisers put the society front and centre, just where we need to be. As most of you know, FTHS does not receive ongoing funding, donations and fund-raising are extremely important for the viability of our programs. **Thanks to all of you who donate to FTHS and who participate enthusiastically in our fund-raising activities.**

Speaking of donating – if you have been thinking about donating to Four Tides, **you might want to consider setting up monthly donations.** 'Regularly recurring revenue', as in monthly

donations, go a long way in establishing stability and viability for our programs. If you have questions about monthly donations, or how to set up them up, just email me at president@fourtideshospice.org or email Leslie at executivedirector@fourtideshospice.org. Thank you!

Several years ago, the board of directors created a five-year strategic plan. This past year, our current board went through a strategic plan refresh activity to ensure our priorities are current. I thought you might be interested in the strategic priorities the board is presently working on. They are:

Priority 1: Excellent hospice programs and services that meet the community's evolving needs. I'm extremely proud of the work our staff and volunteers do in the community. Feedback is excellent. Formal evaluations are conducted regularly which help the staff prioritize, plan, and implement both new and existing programs.

Priority 2: Secure the resources our vision requires – now and in the future. Board members play a significant role in actualizing this priority – primarily through organizing fundraising. Additionally, Leslie works her magic in grant writing. We are coming to our financial year-end; watch for the 2023–2024 financial summary which will be completed soon.

Priority 3: A stable, inclusive, progressive & high-functioning organization. One key indicator of success for this priority is how we are doing making the change from a 'working' to a 'governing' board. It's a process ... we are making progress!

Priority 4: Moving the community's Hospice House from vision to reality. Community interest and support for Hospice House continues to grow. We are currently in negotiations with Vancouver Coastal Health Authority to finalize our Memorandum of Understanding. Connections with the Tla'amin Nation are underway.

Thanks for reading! Please contact me if you have questions, ideas, feedback. I would love to hear from you!

All the best to you,

Malerie Meeker, President
president@fourtideshospice.org



Malerie Meeker (middle), president of FTHS, accepts a cheque from Marlene Chamberlain (left), and PR Garden Club president, Lesley Mosley, (right) for \$4,723.20.



Update from our Executive Director

The results are in!

Two of the major fundraising campaigns for hospice programs and services took place last month.

Our annual Hike for Hospice was a resounding success as we returned to an in-person event for the first time in four years. Those who joined in-person met at Willingdon Beach for a warm-up and send off and returned to fanfare and a delicious barbecue together after their hike. Others undertook their event in their own time and space.

Six teams and twenty-three individual fundraisers hiked, biked, ran etc. their way to raising over \$16,000 in

donations!

This mighty group drew in donations from over 220 individual donors!

During the same week as the hike event, numerous volunteers could be found at Tim Hortons exercising their artistic skills in the icing of thousands of cookies during the Smile Cookie Campaign. Each cookie was a unique masterpiece to behold and all were gobbled up to the tune of \$5394 raised in support of hospice services!



A very heartfelt thank you to all sponsors, volunteers, fundraisers and donors for raising over 21,000 in support of hospice in our community!

Leslie Emory, Interim Executive Director
executivedirector@fourtideshospice.org



New Hospice Video

We are pleased to share that a new video, highlighting the work of the hospice society as well as the vision for a hospice facility in our community, is now released!

Many individuals were involved in the creation of the video including community members, Tla'amin elders, board members, volunteers, medical professionals and organizational partners who shared expertise and lived experiences. We are tremendously grateful to all of you!

A special thank you to Claudia Medina, the film director, for her tremendous dedication in delivering a final product that captures the heart of the work and the passion of the community to ensure appropriate hospice supports exist for all.

We were pleased to debut the film at the Garden Society fundraiser in May and to provide a special screening for the

Tla'amin community earlier this month. The link to the video is below. Please enjoy and feel free to share!

[Hospice Video Link](#)



Happy Pride Month!

Older 2SLGBTQ+ adults face unique challenges often related to stigma at the end of life. In light of Pride Month, we wanted to highlight a couple of resources that are available that may be helpful if you are part of the 2SLGBTQ+ community or you are an Ally wanting to educate yourself.



Canadian Virtual Hospice

www.virtualhospice.ca/2SLGBTQ

Proud, Prepared, and Protected is a collection of online resources to assist people who identify as 2SLGBTQ+. These resources were developed by people who identify as Two-Spirit and LGBTQ+ and organizations. This information is also helpful for allies, people working in healthcare and education and communities.



LGBT End-Of-Life Conversation Website.

www.sfu.ca/lgbteol.html

Our mission is to foster effective communication, create community and facilitate care for LGBT persons at the end-of-life. We aim to raise awareness of the unique challenges that this population faces as they age and approach end-of-life. Our goal is to go beyond education and provide LGBT persons and their service providers with tools that will empower them to take positive action in regards to end-of-life planning.



Connect With Us!



www.fourtideshospice.org

604-223-7309

info@fourtideshospice.org

PO Box 33 Powell River, BC V8A 4Z5

[Click here to make a donation!](#)

