



Four Tides
Hospice
Society

June 2026

Sunny Days and Caring Ways - Summer Newsletter



Thank you to our 2026 sponsors:

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THIS EVENT IS OUR MOST SIGNIFICANT FUNDRAISER OF THE YEAR.
Thank you for supporting end-of-life and bereavement care in our region.

For more information on our programs:
fourtideshospice.org | 604-208-4378



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Hike for Hospice 2026

A heartfelt THANK YOU to our incredible corporate sponsors for supporting this year's Hike for Hospice.

Your generosity, partnership, and commitment to compassionate hospice care helped make this event a meaningful success for our community. Because of your support, we can continue providing comfort, dignity, and care to individuals and families when they need it most. With your support, we were able to raise a grand total of over \$21,000!

We are truly grateful to stand alongside businesses that care deeply about making a difference in our community.

Thank you for helping us turn every step into support.

#HikeForHospice #ThankYouSponsors #CommunitySupport #HospiceCare #MakingADifference

Amazing support from our local Tim Horton's Team for the 2026 Smile Cookie Campaign



A huge thank you to our local Tim Hortons for choosing Four Tides Hospice Society as their charity partner for the Smile Cookie Campaign!

Thanks to the generosity of our community, an incredible \$10,246.00 was raised to support hospice and grief services in our region.

We are so grateful to everyone who bought a smile cookie and for your support and partnership. Thank you for helping make a difference, one smile at a time!

Thank you for your support and participation!

Welcome to Cheryl Siba, our new Program Coordinator



Help us welcome Cheryl our new Program Coordinator who will be starting working with Four Tides Hospice Society in July. Cheryl Siba brings both professional expertise and lived experience to her work supporting individuals and families facing illness, grief, caregiving, and major life transitions. She is passionate about creating spaces where people feel seen, supported, and connected. She believes that community and compassionate presence can make a meaningful difference as individuals and families navigate end-of-life experiences.

Volunteering and community have always been important to her. She enjoys spending time with her family on beaches near and far.



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Grief Walking Group

Every Tuesday year around - 10 am
Meet at the lower Seawalk parking lot

The Grief Walking Group is open to anyone who is grieving the loss of a loved one. Participants share an hour outdoors, make connections, and acquire tools to manage grief. The group is lead by trained hospice volunteers. All fitness levels welcome.

**For more information or to register, please contact us at
604 223 7309 or anna.byrne@fourtideshospice.org**

www.fourtideshospice.org
4675 Ontario Ave, Unit C,
Powell River

"I often describe grief as if it were the ocean's tides, and how fortunate we are to walk the seawall, as it pulls and pushes its energy, much like the waves of grief."

Barbara, FTHS Volunteer



Connect With Us!
www.fourtideshospice.org



604-223-7309

info@fourtideshospice.org

PO Box 33 Powell River, BC V8A 4Z5

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